

# Young Israel Shomrai Emunah - Shabbos Shorts ה"ס

July 12 - 13, 2019 - 10 Tammuz 5779 - Parshas Chukas

Light Candles by 8:16 - Havdalah 9:22

The Shabbos Shorts is sponsored this week by the Bramson family in commemoration of the Shloshim of Rabbi Sam Bramson, Z"L, and to thank Rabbi Rosenbaum and the community for all their help, visits, donations, cards and calls.

## Mazal Tov

- **Leah & Yoni Bresler** and **Hannah & Mitch Carl** on the birth of a granddaughter, born to their children, Elisheva & Binyamin Carl, of Olney. Mazal Tov to great-grandpa Jack and great-grandma Miriam and all the Mishpacha.
- **Vera & Dr. Bernard Ehrlich** on the engagement of their son, Daniel, to Ayala Schwartz, daughter of Mona & David Schwartz of Monsey, NY.
- Jack Mehlman on the marriage of his grandson, Moshe Linfield, to Rachel Lerner of Teaneck, NJ. Mazal Tov to Faygah & Jed Linfield on the marriage of their son, and to Mordechai, Tzivia, Avrumi, Shoshana, Gavirella, and Nechama on the marriage of their brother and to the Mehlman and Cohen families on the marriage of their nephew and cousin.
- **Debi & Max Rudmann** and family on the engagement of their daughter, Ateret, to Yosef, son of Leah & Eli Feldman, of Baltimore.

## Condolences

- **Zev Zalman Ludwick** on the passing of his mother, Annette Ludwick. The funeral took place last Friday.

## Shabbos Schedule

### Friday Night:

- Light Candles by 8:16, and not before 7:02
- Mincha:
  - Ashkenazi: 6:45, 7:20, 8:20
  - Sephardi: 7:00
  - Nusach Sefard: 7:00

### Shabbos Day:

- Shacharis:
  - Ashkenazi: 7:00, 8:00, 8:45, 9:15
  - Sephardi: 7:45
  - Nusach Sefard: 7:00
- Mincha:
  - Ashkenazi: 2:30, 5:00, 8:15
  - Sephardi: 8:00
  - Nusach Sefard: 8:15
- Maariv/Havdalah: 9:22

### Divrei Torah:

- Sephardi Minyan Rabbi Rosenbaum
- 8:45 Main Minyan, 9:15 Rabbi Silver
- 8:00 Rabbi Yehuda Shinensky

### Kiddush Sponsors:

- **Hashkamah/Nusach Sefard** - sponsored by the many friends of John & Trish Golin to wish them a Tsaischem L'Shalom on their move to NYC and thank them for their devotion and service to YISE.
- **Sephardi Minyan** - Miri & Dror Shoshani
- **8:00 Minyan** - "The Chevre"
- **8:45 Main Minyan** - Sandy & Melanie Karlin and family in commemoration of the 10<sup>th</sup> Yahrzeit of their mother, grandmother and great-grandmother, Katie Karlin, Z"L, Kayla Gittel bas Shimon Ber.
- **9:15 Minyan** - Leilui Nishmas Tuvia Zev ben Yisroel Yitzchak.

### Shabbos Shiurim:

- **Rabbi Tuvia Grauman** - Rabbi Hyatt's Gemara Shiur, after Hashkamah Minyan, lower lobby
- **Rabbi Moshe Arzouan** - Shiur after Sephardi Shacharit.
- **Mrs. Yocheved Arzouan** - Shiur 9:00 AM, Rabbi's Study.
- **Rabbi Yitzhak Grossman** - Shiur after Mincha

## Weekday Shiurim

- **Rabbi Rosenbaum's** Mussar Study Group for Women (spiritual self-improvement), Sundays at 9:30 AM, in the Small Beis Medrash, *will resume July 21.*
- **Rabbi Rosenbaum's** Gemara Shiur for Men, Tuesdays and Fridays, 6:00 AM - 6:45 AM, in the room behind the Balcony.
- **Rabbi Rosenbaum's** Nach Shiur, Wednesdays at 11:00 AM, in the Small Beis Medrash..
- **Rabbi Rosenbaum's** Chumash Shiur for Women, Wednesdays at 8:00 PM, in the room behind the balcon, *will resume July 24.*
- **Rabbi Silver's** Parsha Shiur for men & women, a mix of Halacha and Aggada. Tuesdays at 7:30 PM. For more details, contact [rbsilver@yise.org](mailto:rbsilver@yise.org)
- **GWCK Sunday Kollel Brunch and Learn for Men** - Sunday mornings. Bagel brunch at 9:30 AM followed by classes from 9:45 AM - 10:30 AM, in the Social Hall. Choose from classes:
  - On the Same Page with Rabbi Menachem Winter, *will resume in the fall.*
  - Parsha Discourses with Rabbi Yitzhak Grossman
  - Unraveling the Navi with Rabbi Hillel Shaps
  - Sage Wisdom with Rabbi Moshe Sadwin
- **Rabbi Yonatan Zakem's** Shiur for men & women, Pearls of Prayer, exploring the depth and meaning of our daily prayers. Sundays at 7:40 PM in the Social Hall, *will not take place this week.*
- **GWCK presents CLAS (Community Learning at Shomrai)** - 8:15 PM - 9:15 PM at YISE. For more information, please contact Rabbi Hillel Shaps, [hshaps@gwckollel.org](mailto:hshaps@gwckollel.org), 347-869-9361.
- For Men:
  - Mondays: Rabbi Shaps - On The Same Page
  - Tuesdays: Rabbi Winter - Torah Topics, *will resume in the fall.*
  - Wednesdays: Rabbi Grossman - Reading Responsa
  - Thursdays: Rabbi Sussman - Yesodei Hatorah
- For Women:
  - Mondays: Mrs. Sara Malka Winter, *will resume in the fall.*
- **Semichat Chaver Program**, Tuesdays at 9:00 PM with Rabbi Silver in the Small Social Hall. For more information please contact Rabbi Binyamin Silver: [rbsilver@yise.org](mailto:rbsilver@yise.org) or Rabbi Hillel Shaps: [hshaps@gwckollel.org](mailto:hshaps@gwckollel.org)
- **Rabbi Levy's** Amud Yomi Shiur, Sunday 6:25 AM-7:25 AM & Monday through Friday 6:25 AM - 7:10 AM in the room behind the Balcony, *will resume July 24.*
- **The Golden Network Presents: Rabbi Barry Greengart's** Shiur on Daily Halachos for men & women, Tuesdays 9:15 AM - 10:00 AM, in the Social Hall.
- **Rabbi Yitzhak Scher's** Shiur for Men and Women: 613? Appreciating Every One of Them! Tuesdays, 1:30 PM - 2:15 PM, in the Small Beis Medrash, *will resume in the fall.*
- **Rabbi Moshe Arzouan's** Advanced Gemara Shiur for Men, learning Maseches Kesubos, Wednesdays at 7:30 PM in the Social Hall.

## Advances in Cancer Treatment: Insights from a doctor and patients

New treatments have improved the prognosis for a number of cancers. One breakthrough is immunotherapy, which uses the body's immune system to prevent, control and eliminate cancers.

A panel will address a wide range of issues:

- Learn how immunotherapy works, its potential and ongoing research
- Understand treatment stages, how to advocate for yourself and locate and assess resources
- Hear patients describe their journey in coping with treatment and living with cancer as a chronic disease and glean a family member's insights about quality of life issues

### Speakers:

- Dr. Julius Strauss, oncologist and researcher
- Three patients in different stages of cancer treatment and remission
- Rabbi Menachem Winter, Rosh Kollel of the Greater Washington Community Kollel

**Sunday, July 28**  
**10:30 a.m. – Noon**

**Young Israel Shomrai Emunah, Small Social Hall**  
**1132 Arcola Avenue, | Silver Spring, MD 20902**

Organized by Bikur Cholim of Greater Washington and Young Israel Shomrai Emunah. Co-sponsored by Kemp Mill Synagogue, Silver Spring Jewish Center, Kehilas Ohr Hatorah of Silver Spring, South East Hebrew Congregation and Chabad of Silver Spring.



**FUN FOR ALL AGES!!**

## YISE Annual Barbecue



**Mediterranean and American Grill**

**Sunday August 18<sup>th</sup>, 2019**  
**3pm-6pm**

**\$10 per Adult**  
**\$5 per child (ages 2-8)**  
**Family Max \$45**

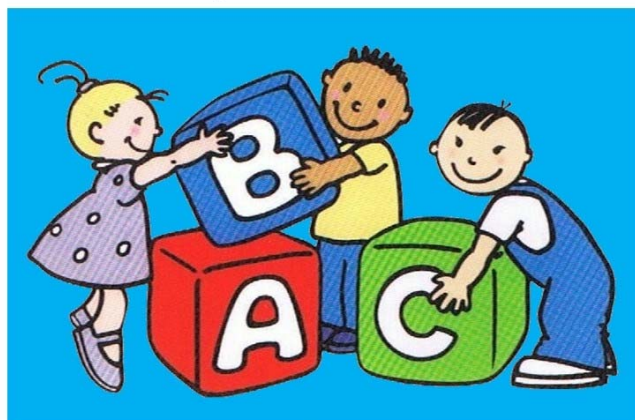


**Held at: Young Israel Shomrai Emunah**  
**1132 Arcola Ave Silver Spring, MD**

**RSVP: [www.yise.org/bbq](http://www.yise.org/bbq)**  
**QUESTIONS: email [bbq@yise.org](mailto:bbq@yise.org)**



## YISE presents: Weekly Tot Shabbat!



**Led by: Suri Kinzbrunner**  
**Director of Shomrai Preschool**  
**Ages 2 and under**  
**10:30-11am in the toddler room**



## COMMUNITY SERVICE DAY

**Sunday, August 4**  
**12:00 - 2:00 pm**

**HELP US SORT DONATIONS, RESTOCK SHOWROOMS, AND ASSIST CLIENTS AS THEY ARE SELECTING ITEMS TO TAKE HOME.**

Great activity for most ages!  
Individuals, families, and groups welcome.  
Contact [mfriedman2@yahoo.com](mailto:mfriedman2@yahoo.com) to RSVP or for more info.



At the Distribution Center  
9159 Brookville Road, Silver Spring  
301-608-3504

**Sponsored by YISE, KMS and Chabad**

## YISE Programs and Listings

**Accounting System Update** As we enter the new fiscal year, we will be sending all members a welcome email so they can set a password to login to ShulCloud to pay their Shul bills. If you don't have an email on file with the Shul, or would like to confirm/update the address, contact the office at [office@yise.org](mailto:office@yise.org). If you would like to receive bills on paper, contact the shul office. Otherwise, all members with email addresses in the system will receive bills only via email.

**Senior Lunch** - Wednesday, July 17, 12 Noon, Social Hall. "The Story of the Jews: Among Believers", Episode 2, PBS DVD  
**Mikvah Cleaning** - The Cheryl Stern Community Kelim Mikvah will be closed for cleaning the week of July 22.

**Community-wide Training** - YISE is hosting training on July 14, "STOP THE BLEED" and "C.R.A.S.E." To register for training sessions, go to <https://www.yise.org/training> See flyer for details.

**Advances in Cancer Treatment** - Sunday, July 28, 10:30 AM - 12 Noon in the YISE Small Social Hall. Learn about new techniques, their potential, how they work. Understand different treatment stages, how to advocate for yourself, and locate resources. Hear about coping with cancer and glean insights about quality of life issues. See flyer for details.

**Community Service Day** - Be part of a Community Service Day on August 4 from 12 Noon - 2:00 PM, sponsored by YISE, KMS and Chabad of Silver Spring. Volunteer at A Wider Circle distribution center, 9159 Brookville Rd., Silver Spring, MD - 301-608-3504. Help sort through donations, stock shelves, or load trucks. Great activity for most ages - individuals, families, and groups welcome. Upper School students get community service hours. For more information and to RSVP, please contact Miriam Friedman at [mfriedman2@yahoo.com](mailto:mfriedman2@yahoo.com) First-time volunteers should fill out the waiver form:

<http://awidercircle.org/wp-content/uploads/Volunteer-Packet-2019-Waiver-Only.pdf> Directions: Take Georgia Ave. south toward Silver Spring, turn right onto 16<sup>th</sup> St., right onto 2<sup>nd</sup> Ave., left onto Luzerne Ave. and park at Woodlin Elementary and walk around the dividing fence to A Wider Circle. A Wider Circle furnishes roughly 20 homes a day, thanks to the wonderful help of volunteers like you!

**Bikur Cholim of Greater Washington and the YISE Chesed Committee** - Rabbi Koss will be speaking on a Jewish history topic, Monday, August 5, 2:00 PM - 3:00 PM at 1111 University Blvd. West in the Penthouse. Light refreshments will be served. For more information, please contact Miriam Friedman at 301-754-1517 or [mfriedman2@yahoo.com](mailto:mfriedman2@yahoo.com)

**Save the Date! YISE Annual BBQ** - August 18 in the Social Hall. Go to [www.yise.org/bbq](http://www.yise.org/bbq) for details.

**Helping Hands Across Kemp Mill** is a part of YISE's Chesed Committee. The program is a service to help members undergoing serious medical crises. We are always looking for volunteers to help. By signing up, you are not committing to help with anything specific. To be a part of this program by helping with meals, visitation, shopping, childcare, etc., contact: Melanie Karlin, 301-681-4740, [mkarlin@gmail.com](mailto:mkarlin@gmail.com) or Miriam Friedman, 301-754-1517, [mfriedman2@yahoo.com](mailto:mfriedman2@yahoo.com)

**The Rachel Bassan Horwitz Fund** is used for medical needs in our area, elsewhere in the US, and in Israel. Thousands of dollars have been distributed to individuals requiring assistance. Our funds are depleting and in order to continue this much needed medical fund your financial help is needed! Tax deductible contributions may be made payable to: YISE Charity SPECIAL Fund, c/o Norma Burdett, 11720 Lovejoy St., Silver Spring, MD 20902. Earmark: Bassan Fund. For more information: Norma Burdett, 301-593-5964 or Pearl Bassan, 301-649-3137.

**Shiurim from Rabbi Gedaliah Anemer, ZT"L**, are available at <http://audio.yise.org>

## YISE Youth Announcements

The Youth Minyan will meet this Shabbos at 9:15 AM sharp in the Small Beis Medrash, followed by a Kiddush sponsored by the Youth Minyan.

**Please join us this week for groups:**

2-5 year-olds 9:30 AM - end of 8:45 minyan in the youth rooms behind the Balcony.

1st-4th grade 10:00 AM - 11:15 AM at the Yeshiva. Walking group leaves at 10:00 AM.

Girls meet in the main lobby.

Boys meet outside the Social Hall.

Please pick up child(ren) promptly.

**Tot Shabbat** - with Suri Kinzbrunner 10:30 AM - 11:00 AM in the toddler room for ages 2 and under.

Young Israel Shomrai Emunah (YISE) is hosting a community-wide training on Sunday, July 14

The training sessions are designed to empower individuals in caring for their own safety, not only in school or shul, but in any public space.

The training is FREE to the community, but registration is required

Each course will be offered three times to accommodate as many participants as possible.\*

\*Additional sessions may be added based on demand.

To register for training sessions, go to <https://www.yise.org/training>

### STOP THE BLEED

(2 hours)  
12:30pm, 3:00pm, 5:00pm

The Stop the Bleed program was developed by the American College of Surgeons and the Committee on Trauma, and launched in 2015.

Up to 1 in 5 deaths by trauma may be preventable if timely medical care is provided after injury. Traumatic events occur every day from events such as vehicle crashes, falls, and violent assaults. In addition, multi-casualty events, such as attacks on religious institutions, often result in delayed arrival of a medical response. Irreversible shock can occur within minutes due to severe blood loss, resulting in death.

This class creates active bystanders by teaching skills that can control bleeding before responders arrive, saving lives.

### Civilian Response to Active Shooter Event C.R.A.S.E.

(90 minutes)  
1:00pm, 3:00pm, 5:00pm

This Active Threat/Active Shooter training course was developed as an exclusive collaboration between SCN and the ALERRT Center at the Texas State University, recognized by the FBI as best practice.

It is specifically designed to provide members of the Jewish community with proven defense/survival strategies to implement during critical incidents. The course teaches the "mindset" of response and survival as well as key practical active threat response strategies and decision-making.

## Community Programs and Listings

**Shabbos afternoon Shiur at University Towers** - 1121 University Blvd W, Apt 516, on Shabbos, July 13 at 4:30 PM

**Tzurba M' Rabanan** learning group meets every Shabbos. Men's group at 3:30 PM at the home of Moshe & Rose Litwack, 11302 Monticello Ave. Women's group at 4:45 PM at the home of Josh & Mickie Breitstein, 1215 North Belgrade Road.

**Boys Sunday Summer Learning and Pizza** - GWCK invites boys entering 5<sup>th</sup> and 6<sup>th</sup> grades to learning and pizza with Rabbi Chaim Biberfeld. Sundays, July 14 & 28 - 10:15 AM - 11:15 AM at Ben-Yehuda Pizza. No charge. Please RSVP to [info@gwckolle.org](mailto:info@gwckolle.org)

**Post High School Girls Shiur** - Tuesday night, July 16, 8:30 PM at the Pepper home, 1101 North Belgrade Road. This week's Shiur will be given by Alanna Pepper.

## Community Programs and Listings (continued)

**Summer Track Meet** - Back for the third year, Ko-ach Sports presents a Summer Track Meet for kids in the community! A free event for the Jewish Community. Sunday, July 14, 4:00 PM - 6:00 PM at Montgomery Blair High School, 51 University Blvd, Silver Spring. Your kids will get the feel of a real track meet by running, jumping and racing their friends! Boys & Girls K - 6th grade. Top finishers in each race receive a ribbon. Go to [www.Ko-achSports.com](http://www.Ko-achSports.com) for more information. No registration required.

**The Yad Zlata Concert** - An evening of support and inspiring song, featuring Tali Yess & Boruch Sholom Blesofsky. Sunday, July 14, 7:00 PM, at the Bender JCC in Rockville. Proceeds help young families in crisis. A tribute to the memory of Mrs. Chaya Zlata Geisinsky. Visit [www.LinkUp.org](http://www.LinkUp.org) for details or call 240-200-4515.

**Kemp Mill Toastmasters** - Wednesday, July 17, 8:00 PM - 9:15 PM in the YISE Small Social Hall. See what Toastmasters is all about and find out how you can become a more confident communicator & leader. Contact Ovadia Hayat at [vppr@kempmilltoastmasters.com](mailto:vppr@kempmilltoastmasters.com) for more info.

**Yoetzet Halacha** - Bracha Rutner will speak at KMS on Shabbos July 19 & 20, Friday night at the Ruach Minyan, Shabbos morning, at the Hashkama Minyan, and at 5:00 PM on Shabbos afternoon, when she and Rivka Sidorosky, LCSW-C, a certified sex therapist, will speak for women about "The Where, What, and When of Marital Intimacy." To meet with Bracha privately when she is here, please contact her directly at [bracharutner@gmail.com](mailto:bracharutner@gmail.com)

**DC Lunch and Learn** with Rabbi Grossman on "If It Feels Good, Do It? Jewish Law Perspectives on Recreational Drug Use and Legalization", Monday, July 22, 12 Noon -12:45 PM at Morgan, Lewis & Bockius, LLP Room 234. There is no cost for the lecture and kosher lunch. RSVP required to [info@gwckollel.org](mailto:info@gwckollel.org)

**Rabbanit Yemima Mizrachi** - Video presentation for women of "Bein HaMetzarim", Monday, July 22, 8:30 PM in Ohr HaTorah social hall, cost \$8.

**Daf Yomi Shiur** meets in the Yeshiva Beis Medrash - Sunday at 6:30 AM, Monday through Thursday at 9:00 PM, and Shabbos 1-1/2 hours before the YISE late Mincha.

**Capital Kosher Pantry** - The shelves at Yad Yehuda's Capital Kosher Pantry need restocking. Please help us replenish the foods so very needed by your friends and neighbors. Items most needed at this time include: Almond or soy milk, apple juice, canned fruit, cereals, granola/snack bars, healthy grains (farro, rice mixes), juice packs, pancake syrup, pareve crackers, pasta sauce, pizza sauce, rice cakes and vegetarian baked beans. Please DO NOT donate pasta or matzah. All items must be factory sealed in unbreakable containers, Kosher and well within the use-by date. Donation boxes are located in area shuls, Berman Hebrew Academy, Moti's Market, Shalom Kosher, Torah School, YGW Girls Division and in front of Yad Yehuda House at 1910 University Boulevard West. You may also visit [yadyehuda.org/pantry](http://yadyehuda.org/pantry) to shop online and have products shipped directly to the Pantry. Our friends and neighbors in need rely on your generous assistance. Thank you so much for doing your part.

**Kollel Dirshu of Silver Spring** is studying Maseches Gittin at the YGW. Daily morning shiur given by Rabbi Eli Reingold at 5:45 AM and evening shiur by Ranon Cortell and Pinchas Werner at 9:00 PM. Chavrusah are also available during these learning times. For more information and to join our learning program please contact Hirsh Komarow (301) 681-1646; [komarowh@gmail.com](mailto:komarowh@gmail.com)

**Dirshu Mishnah Brurah** - Learn Chelek Daled with Rabbi Eliyahu Reingold. Learn the Halachos of Eruvin and Techumin. Finish the Chelek in eleven months! Monday through Thursday at YISE after Maariv. For more information contact Rabbi Reingold at 301-996-5910.

**Daily Halacha Program from Rabbi Eliyahu Reingold** - Receive one every day in your inbox. Visit [dvarhalacha.com](http://dvarhalacha.com) and click "Sign Up."

**Shmiras Halashon** - Rabbi Levy's Shiur for men in Shmiras Halashon, weekday afternoons, 2:00 PM - 3:30 PM, 609 Hyde Rd., will resume July 24.

**The Value of Modesty** - Rabbi Levy's Shiur for women, based on text by Rav Shimshon Dovid Pincus ZT"L. Alternate Sundays, 7:00 PM, 609 Hyde Rd., will resume July 28.

**Kemp Mill Village** volunteers are now offering services to Village members, including rides for appointments, shopping, and visits to friends and family, help with household tasks, and prescription deliveries. Call the toll free number 1-833-KMV-20902 to request member services or to volunteer.

**Silver Spring Gemachim** - For a complete list: [www.gemachexchange.com](http://www.gemachexchange.com)

| The Week Ahead                                                                                             |           | Sunday<br>July 14 | Monday<br>July 15      | Tuesday<br>July 16     | Wednesday<br>July 17   | Thursday<br>July 18    | Friday<br>July 19       |
|------------------------------------------------------------------------------------------------------------|-----------|-------------------|------------------------|------------------------|------------------------|------------------------|-------------------------|
| Shacharis                                                                                                  | Ashkenazi | 6:30, 7:30, 8:45  | 6:15, 6:45, 7:35, 8:30 | 6:30, 6:55, 7:35, 8:30 | 6:30, 6:55, 7:35, 8:30 | 6:15, 6:45, 7:35, 8:30 | 6:30, 6:55, 7:35, 8:30  |
|                                                                                                            | Sephardi  | 7:30              | 7:15                   | 7:15                   | 7:15                   | 7:15                   | 7:15                    |
| Mincha /<br>Maariv                                                                                         | Ashkenazi | 8:20              | 8:20                   | 8:20                   | 8:20                   | 8:20                   | See Shabbos<br>schedule |
|                                                                                                            | Sephardi  | 8:15              | 8:15                   | 8:15                   | 8:15                   | 8:15                   |                         |
| Halachic Times: Earliest Talis and Tefillin: 4:56 AM, Latest Krias Shma: 9:33 AM, Earliest Mincha: 1:51 PM |           |                   |                        |                        |                        |                        |                         |

### Next Shabbos

July 19 - 20, 2019 - 17 Tammuz 5779

Parshas Balak

Light Candles: Friday by 8:12 - Havdalah: 9:17

#### Friday Night:

• Light Candles by 8:12, and not before 6:59

• Mincha:

Ashkenazi: 6:40, 7:15, 8:15      Sephardi: 7:00      Nusach Sefard: 7:00

#### Shabbos Day:

• Shacharis:

Ashkenazi: 7:00, 8:00, 8:45, 9:15      Youth: 9:15  
Sephardi: 7:45      Nusach Sefard: 7:00

• Mincha:

Ashkenazi: 2:30, 5:00, 8:10      Sephardi: 7:55      Nusach Sefard: 8:10

• Maariv/Havdalah: 9:17

### Upcoming Events

Sunday, July 14      Community Safety/Security Training, 12:30 PM

Wednesday, July 17      Senior Lunch, 12 Noon

Sunday, July 28      Advances in Cancer Treatment, 10:30 AM

Next Shabbos Shorts Deadline: Wednesday, July 17 at 12:00 Noon

Submit items for the Shabbos Shorts to: [announce@yise.org](mailto:announce@yise.org)

Office Phone: 301-593-4465      Office Fax: 301-593-2330

Eruv line: 301-593-5561      E-Mail: [office@yise.org](mailto:office@yise.org)

Website: [www.yise.org](http://www.yise.org)

Office Hours:

Monday - Thursday 9:00 AM - 5:00 PM, Friday: 9:00 AM - 2:00 PM

Rabbi Dovid Rosenbaum

Sammy Franco - President

Rabbi Binyamin Silver - Asst. Rabbi

Simi Franco - Office Manager